

EXECUTIVES AT THE TOP

Who would ever say no to a job as a member of the executive board? However, the complexity of this role has increased significantly over the course of the last years. When the candidate is expected to be ready to take great risks, he or she needs not only legal or economic advice, but also support in personal reflection. Here, coaching is the approach, but it is about more than this:

100 days of counselling

for self-reassurance, for drafting change management and choosing clever “quick wins”. The key issues can be swiftly set in motion, the new role can be implemented confidently and successfully. As always, the process is also useful for gaining personal clarity.

Reflection of distortions

Heightening one's own perception and reflecting internal feedback. Please be aware that internal counsellors always have distorted angles of perspective and they are part of the system, maybe even part of the problem – no matter how attentive and loyal they are.

Over time, the following possible applications tend to emerge:

- **Sincerity and confrontations**
with the familiar “plain truths” - by way of a credible feedback
- **Recognising options for action in risks**
and being able to distinguish risks from dangers
- **Having an outlet for frustration and grief**
as well as for dealing with the occasional humiliations that are part of the role
- **Sparring partner**
for self-doubt and for dealing with unawareness and uncertainty
- **Elimination of isolation**
when the ability to act informally is lost

One of your personal goals might be the activation of your capacity to reflect, as well as to generate and to consolidate your own tacit knowledge, all of which leads to a general process of maturation. You will be rewarded with maturity, wisdom and the so-called “deep smarts”.

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