

## FROM PRINCESS TO QUEEN

I find the following perspective helpful as a concept for the analysis of women's personal behaviour: In which situation exactly do I act as a princess? The role contains the social coding of centuries of patriarchal domination. For **princesses**, it meant that they

- **perceive themselves as isolated, as unique**
- **have no supporters or comrades-in-arms**
- **wait to be chosen**

It can happen to each and every one of us that we show such a behaviour – regardless of our age, maturity and experience – as long as we do not reflect and transform it. The counter-model I find useful for a period of transition is the role of the queen. The queen accepts responsibility for her life:

- **she makes sure that she is visible,**
- **she professionalises her family life, and**
- **she meets kings at eye-level.**

If women not only want to be active in management but aspire to transform the system, it means that they find ways to develop their own strength and not “simply” conform. Easier said than done, at least at the beginning; yes, I know. But while the path is walked, the light on the horizon gets brighter. To act in a queens way means to enrich your repertoire – to increase **your personal development of a sophisticated identity**, free to shape the world in a responsible way. In a female way – my dream: liberated from hierarchies, liberated from exerting pressure and power, free for cooperation, clarity and new options!

A German self-learning class “From Princess to Queen” is available online at [diplomero.com](https://www.diplomero.com). Of course, all these reflections are also part of my personal coaching and can be very helpful for individual work.

<https://www.diplomero.com/de/kurs/von-der-prinzessin-zur-koenigin-erfolg-wagen.html>